



## New England Native Plant Favorites

### Woody Shrubs:

*Corylus americana* (American hazelnut)  
*Kalmia angustifolia* (sheep-laurel)  
*Aronia arbutifolia* (red chokeberry)  
*Sambucus nigra* ssp. *canadensis* (black elderberry)  
*Ilex verticillata*, female (common winterberry)  
*Spiraea tomentosa* (steepleshub)  
*Swida sericia* (red-twig dogwood, red-osier dogwood)  
*Clethra alnifolia* (coastal sweet-pepperbush)

### Hearty Natives for Containers and Roadsides:

\**Asclepias syriaca* or *A. tuberosa* (milkweed)  
*Comptonia peregrina* (sweet fern)  
*Arctostaphylos uva-ursi* (red bearberry)  
*Ionactis linariifolia* (flax-leaved stiff-aster)  
*Monarda punctata* (spotted beebalm)  
*Pycnanthemum tenuifolium* (narrow leaf mountain mint)  
\**Rudbeckia fulgida* (black-eyed Susan)  
*Schizachyrium scoparium* (little bluestem)

### Summer Bloomers:

*Conoclinium coelestinum* (blue mistflower) blue  
\**Asclepias tuberosa* (butterfly milkweed) orange  
*Chelone glabra* (white turtlehead) white  
*Liatris spicata* var. *spicata* (spike blazing star) purple  
*Monarda punctata* (spotted bee-balm) pink  
*Heliopsis helianthoides* (sunflower-everlasting) yellow  
*Eurybia divaricata* (white wood-aster) white  
*Solidago odora* (licorice goldenrod) yellow

### Native Plants that Like Wet Feet:

*Caltha palustris* (marsh marigold)  
\**Iris versicolor* (blue iris)  
*Matteuccia struthiopteris* (ostrich or fiddlehead fern)  
*Sanguisorba canadensis* (Canada burnet)  
*Spiranthes odorata* (common ladies' tresses)  
*Trollius laxus* ssp. *laxus* (American globe-flower)  
*Vaccinium macrocarpon* (highbush-cranberry)  
*Veronicastrum virginicum* (Culver's-root)

\*Included in live demo/workshop for Wollaston Garden Club

### Top-Notch Pollinator Supporters:

*Amelanchier canadensis* (serviceberry)  
*Aquilegia canadensis* (Canada columbine)  
*Asclepias tuberosa* (butterfly milkweed)  
*Helianthus divaricatus* (woodland sunflower)  
*Monarda fistulosa* (wild bergamot)  
\**Symphotrichum novae-angliae* (New England aster, late bloom)  
\**Eutrochium maculatum* (joe pye weed)  
*Liatris novae-angliae* (northern blazing star)

### Native Plants for Understory Locations:

*Lindera benzoin* (northern spicebush)  
\**Carex pensylvanica* (a sedge for dry shade)  
\**Polystichum acrostichoides* (Christmas fern)  
*Polygonatum biflorum* or *P. pubescens* (smooth or hairy Solomon's seal)  
*Mitella diphylla* (bishop's cap)  
*Maianthemum stellatum* (starry false Solomon's seal)  
*Uvularia sessifolia* (sessile-leaved bellwort)  
*Rhus aromatica* 'Gro Lo' (low growing fragrant sumac)

### Natives for the Seaside:

*Morella caroliniensis* (small bayberry)  
*Kalmia angustifolia* (sheep laurel)  
*Asclepias tuberosa* (butterfly milkweed)  
*Eupatorium perfoliatum* (boneset)  
*Schizachyrium scoparium* (little bluestem)  
\**Symphotrichum novae-angliae* (New England aster, late bloom)  
*Aquilegia canadensis* (columbine)  
*Allium cernuum* (nodding onion)

### Woodland Border Selections:

*Stylophorum diphyllum* (celandine poppy)  
\**Anemone canadensis*  
*Phlox divaricata* 'Blue Moon' (blue phlox)  
*Actaea racemosa* (black bugbane, black cohosh)  
*Actaea rubifolia* (Appalachian baneberry)  
*Symphotrichum cordifolium* (blue wood aster)  
*Ageratina altissima* (white snakeroot)  
*Solidago flexicaulis* (zig-zag goldenrod)